



# Marine Wing Headquarters Squadron 1

SEPTEMBER 2010

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## Message from the XO



Marines, Sailors, and Families of  
MWHS-1,

It's my privilege to serve as your Executive Officer. I arrived on island mid-July with my wife Michelle and one-year-old daughter Olivia. We're getting settled into life here and have been impressed by the friendly and neighborly atmosphere.

This month we have the opportunity to honor those of you whose spouses are deployed with an informal dinner at the Ocean Breeze on 22 September at 1730. It's Family Night and families are welcome. Other good social events on the horizon are our Jayne Wayne Day on 1 October and our MWHS-1 Marine Corps Ball on 23 November.

Living out here is lonely for some, exciting for others, and a combination of the two for most of us. My family and I are grateful for the opportunity to serve alongside you.

Semper Fidelis,  
Maj Chad Van Someren  
MWHS-1 Executive Officer

## Message from the SgtMaj



Marines, Sailors, and Families,

I'm your new Squadron Sergeant Major. I'm proud to be part of an element within in a strong and creditable organization. Marine Wing Headquarters Squadron 1 has made a positive reputation for itself. The leaders at all levels of this unit work very hard and are determined to maintain the level of successfulness which they have worked so hard to achieve. The Squadron expects nothing less than the most extreme amount of effort provided for every mission or task on or off duty. All Marines and Sailors will be treated respectfully, as a Marine or a Sailor.

As a member of MWHS-1, if you work for yourself, your leaders will work for you. Individual Marines and Sailors control their own destiny and must feel they are receiving every opportunity to succeed and excel. Individuals are accountable for their actions, gear, families, and personnel. Take care of

each other, do the right thing! Marines and Sailor's time must not be wasted. Individuals must approach every day with a positive attitude.

Leaders are responsible for their Marines and Sailors, married individuals are responsible for their individual families. They must communicate with their families to ensure they understand what is going on. This reduces family friction. The number one priority for this Squadron must be combat readiness, which includes family readiness. This means being prepared to respond to whatever crisis may arise.

The title Marine or Sailor is the best an American can ask for. When saying that, you must also remember that title comes with a price. With that title, training will be challenging both physically and mentally with clear meaning, purpose and provide tangible results. Don't impersonate the title, by avoiding training, doing drugs, or by

being an administrative burden. This inflicts more of a payload onto your leaders and peers, by picking up the slack, in your absence. Don't quit on you team, be a team player.

The leaders appointed over you have been strategically placed and they work well together. Learn from your leaders and take every opportunity you can to gain knowledge from them. They are here to train and teach you No matter how hard it gets or how much time it takes. The Squadron has made a strong team that you are a part of and also which you can add to that strength. Your time to lead and make decisions will come sooner than you think. Don't allow your motivation to get down and do something rash when you are tired or unsure of something, confide in your leader, uphold your core values of Honor, Courage and Commitment.

SgtMaj Robinson  
MWHS-1 SgtMaj



## Message from the FRO



MWHS-1 Marines,  
Sailors & Families,

Now that we are entering into the swing of exercise season, it's also time to make sure that your Family Care Plans (FCP) are up to date or it may be time for you to create one. All Marines and Sailors that are married with dependents, single with dependents or dual military with dependents will need to have a FCP on file. Please come and see me or your FRR for what you need to do to be prepared.

I'm very excited to announce that MWHS-1 along with VMGR-152, HMM-262(REIN), MACS-4, and HMM-265 are hosting a Jane Wayne Day. For those of you who do not know what this is, this is a day for all of the spouse to come out and play with some very cool toys that the Marine Corps has. We'll have MCMAP (Marine Corps Martial Arts Pro-

gram), KC-130J and CH-46 aircraft displays, plus a TSP-63 Radar and simulators, Night Vision Lab and lastly ISMT. This event is open to all spouses of MWHS-1, VMGR-152, HMM-262(REIN), MACS-4, and HMM-265. The flyer for this event is attached in this newsletter and if you are interested in participating you will need to RSVP to me no later than September 24<sup>th</sup>! The attached flyer has further details; I hope to see you all there!

*Let me leave you with some encouraging thoughts to chew on...*

Your present situation doesn't determine where you can go; it only determines where you're starting from. The purpose of a goal is to focus your attention on your future, but the real magic begins when you actually set one in place. You see, the power to accomplish anything becomes a reality once you

set up a target to aim for. Your mind will stretch toward the concept of achievement only when it has a clear objective in its sights. Developing a goal for yourself gives you an idea of where to start from and what it will take to reach your final destination.

You'll achieve the success you seek if you focus the full power of all you are on what you have a burning desire to achieve. Act on those dreams with reckless abandon, never give up in the face of challenge or initial failure, and those dreams you have will surely become yours.

B. Renée Lilley  
MWHS-1

Unit, Personal & Family Readiness  
Officer

"No

arsenal,

or no weapon in the  
arsenals of the of the  
world, is as formidable  
as the will and moral  
courage of free men  
and women."

~ Ronald Reagan

## Message from the Chaplain



Marines, Sailors and Families  
of MWHS-1,

Experts know that when suicidal thoughts and behaviors are detected early, lives can be saved. People who are contemplating suicide are in great distress and often do not see other options. MARAD-MIN 484/10 asks everyone to reflect on how we can work to combat stigma, implement training and education on suicide prevention, and help Marines feel comfortable utilizing the resources that are available to them.

There are services available here on Okinawa for the assessment and treatment of suicidal thoughts and behav-

iors. If your Marine or family member needs emergency assistance call PMO at 911. Other resources include:

MCCS Counseling & Advocacy 645-2915,

Lester Mental Health 643-7722,

Military Family Life Consultants 645-0371 (Foster) or 623-3035 (Hansen),

The FOCUS project (deployment related issues) 645-6077, and Military One Source DSN 145.

MCCS Counseling & Advocacy Prevention Specialists are available for unit training, in addition to your in-unit

suicide prevention classes. Chaplains also provide a quarterly CREDO workshop.

The more we learn, the better we will become at recognizing when a Marine or family member is in crisis, and how to get them the help that they need. With a continued coordinated community response we can raise awareness and help prevent suicides.

VOCATI AD SERVITIUM!  
CALLED TO SERVE!

Chaplain Stuart  
MWHS-1 Chaplain

# Command Financial Specialist (CFS)

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Time... Your greatest asset

George Bernard Shaw eloquently stated that "Youth is wasted on the young." No greater example of this exists today than in the case of saving money for your future. When you are young, and virtually every one of us in the military is considered young, you do not think of saving money for your retirement. 'I'm too young to think about that now' and 'there is plenty of time for me to do that later' are some of the more common clichés that people use to justify their idleness and ignorance of the power of saving money early in your life. I've often had Marines tell me that they just don't make enough money to save anything right now. The sad truth is that saving money right now will have the greatest effect on your net worth in the future.

Time, not money is your greatest asset. Small amounts of money saved periodically over time now will produce vast amounts of money for you in the future. The reason for this is Compound Interest. Compound interest is the method where money is earned

on the principal and the interest that was previously earned. This will allow your money to double and triple over time.

Age	Hardcharger	Sackacats
22	\$2,240	\$0
23	4,509	0
24	7,050	0
25	9,896	0
26	13,083	0
27	16,653	0
28	18,652	2,240
29	20,890	4,509
30	23,397	7,050
35	41,233	25,130
40	72,667	56,993
45	128,064	113,147
50	225,692	212,598
55	397,746	386,516
60	700,965	693,879
65	1,235,339	1,235,557

For example, in the above chart, LCpl Hardcharger realizes that saving early is important and puts away \$2000 dollars a year starting at age 22. LCpl Sackacats is more interested in iPads and partying and decides to wait six years before he starts saving

for his future. LCpl Hardcharger stops his savings after 6 years and has saved a total of \$12,000 while Sackacats is just getting started. As you can see from the ending totals, at age 65 both Marines have about the same amount of money and each of them earned 12% but Sackacats had to save \$74,000 instead of Hardcharger's \$12,000.

By saving a portion of your income early in your career you can amass large sums of money with smaller contributions. As you can see from the chart, it is important to begin saving money now instead of waiting. You can do this by opening a TSP account right now through MyPay and start saving 10%. If you already have an account, raise the contribution to 15-20%.

Want other options? Come see me or send me an email. Don't be a Sackacats!

Capt James Lilley

MWHS-1 Command Financial Specialist

## Career Planner (CR)

Hello Again Marines, Sailors & Families,

Another summer is winding down as we, the Career Planners, begin one of our busiest times of the year. We have already started reenlisting for the fiscal year 2011 first term Marines. We had a very successful FY 2010 retention plan and FY 2011 promises to be even better. Please be aware, however, that retention will be a bit more tough for first term Marines this fiscal year so the idea is to act fast and have a plan.

**Question of the month:**

"My Marine's EAS is August 20th,

2011 but our rotation date is January 15th, 2011 and he plans on getting out. Will we have to leave in January and be at a new duty station for six months?"

**Answer:** Per the Personnel Assignment Policy, if the service member has less than one year remaining on contract upon his/her rotation date, then the rotation date will be extended to the Marine's EAS.

I also catch wind of Marines whose rotation dates don't get adjusted right away and this can cause problems with things like housing, cable, SOFA licenses etc. A good way to prevent this is if you know when you are getting out; request W95 orders at the minimum of 6 months

from your EAS. This will throw up the flag to have your rotation date adjusted.

Congratulation goes out to the following reenlistees:

**MGySgt Pollard, M.R.**  
**Sgt Harvey, C. R.**  
**Sgt White, M. A.**  
**LCpl Gibbens, B. P.**

Sgt David Rice

MWHS-1 Career Planner



# The Doc is in... Eggs & Salmonella: What's all the fuss?

The recent outbreak of salmonella caused by eggs obtained from two farms in Iowa has probably triggered a variety of questions in your minds: Am I at risk? If someone in my family gets infected, how will I know? What does an infected egg look like? What can I do to avoid becoming infected?

If any of these questions went through your mind – then read on and get your answers. If you don't give a doodley squat about salmonella, then go back and read the CO and SgtMaj's comments.



## Am I at risk?

The good news is that these eggs have not entered the DoD supply system – so the commissary doesn't carry these recalled eggs. The bad news is that anyone who eats eggs or products made with eggs (bread, cookies, cakes, mayonnaise, etc., etc) is potentially at risk. Read below for info on how to minimize your particular risk.

## How do you know if you are infected?

The infection known as salmonellosis is caused by a bacteria known as *Salmonella* enteritidis. The symptoms consist of fever, nausea, abdominal cramps, and diar-

rhea. These symptoms will not begin until 12 to 72 hours after consuming a contaminated food or beverage. The symptoms usually last 4-7 days and typically resolve without any medical treatment. Severe cases, however, can lead to significant levels of dehydration requiring hospitalization and antibiotic treatment. The elderly, infants, and those with impaired immune systems tend to suffer from more severe illnesses.

## What does an infected egg look like?

Unfortunately, an infected egg looks no different from a non-infected egg. This recent outbreak is due to intact and disinfected grade A eggs. The salmonella bacteria infects the ovaries of healthy appearing hens and her subsequent eggs can become infected before the shell ever forms. In the past, most outbreaks were associated with bacteria on the surface of the shells – not the case for this recent outbreak due to stringent handling procedures put in place in the 1970's.

## What can I do to avoid coming down with Salmonella?

- ◆ Keep eggs refrigerated at  $\leq 45^{\circ}\text{F}$ .
- ◆ Discard cracked or dirty eggs.
- ◆ Wash hands, cooking utensils, and cooking surfaces with soap and warm water after contact with raw eggs.
- ◆ Avoid eating raw or undercooked eggs. Eggs should be cooked until both the white and the yolk are firm.
- ◆ Eat eggs promptly after cooking. Do not keep eggs warm or at room temperature for more than 2 hours.



Remember, getting “egg on your face” is not only embarrassing, but can also be hazardous to your health.

Doc Kuhn

1<sup>st</sup> MAW Wing Surgeon



# Wounded Warrior

The Wounded Warrior Resource Center is established to provide service members who have become wounded, ill, or injured, as well as their immediate families and their primary caregivers, with a single point of contact for assistance with reporting deficiencies in covered military facilities, obtaining health care services, receiving benefits information, and any other difficulties encountered while supporting wounded warriors. - Law (H.R. 4986-445, SEC. 1616)



- ◆ All consultants are trained master's level professionals with specialties in the social sciences. Consultants take the following steps to ensure the highest level of care:
- ◆ Determining the best resource for your situation and connecting you with that resource.
- ◆ Implementing a plan of action to address your concern within 96 business hours of your initial call.
- ◆ Following-up with you within two business days to determine if your concern has been addressed by the referral resource, or if an additional referral is needed.

Coordinating closely with each service branch's injured support program to assure resolution of issues. Cases aren't closed until our follow-up determines your concern has been resolved and we receive written confirmation of the action taken by the service point of contact.

Visit the [Wounded Warrior Resource Center Web site](#) for more information or call a consultant 24 hours a day, 7 days a week at 1-800-342-9647.

*Resources for Wounded, Ill, and Injured Service Members*

Government and nongovernment programs to help wounded, ill, and injured service members and their families.

The number of resources for wounded, ill, or injured service members expands every day. They include service-branch programs, Department of Defense (DoD) programs, and nongovernment programs. This article will help you what resources are available and how to access them.

Each service branch provides its own program for wounded, ill, and injured service members and their families. When you have questions about your service member's nonmedical needs, this is first program to contact:

## U.S. Marine Corps Wounded Warrior Regiment (WWR)

1-877-4USMCWW or 1-877-487-6299, 24/7

[www.woundedwarriorregiment.org](http://www.woundedwarriorregiment.org)

Support, advocacy, and information for wounded, ill, and injured Marines (and for Sailors attached to or in support of Marine units) and their family members.

## Navy Safe Harbor - Severely Injured Support

1-877-746-8563

safeharbor@navy.mil (E-mail)

[www.npc.navy.mil](http://www.npc.navy.mil) (go to "support & services," then "Safe Harbor")

The focal point for nonmedical care management of severely wounded, ill, or injured Sailors and their families. Nonmedical care issues include pay, invitational travel orders, lodging, and housing adaptation.

## Department of Defense (DoD) programs

These DoD programs supplement the service-branch programs described above.

## Wounded Warrior Resource Center (WWRC)

1-800-342-9647, 24 hours a day, 7 days a week

wwrc@MilitaryOneSource.com (E-mail)

[www.woundedwarriorresourcecenter.com](http://www.woundedwarriorresourcecenter.com)

[com](#)

If your service member's issue or problem isn't taken care of by your service branch, you can call the WWRC. It works closely with each service branch program, providing ongoing assistance to make sure that concerns are resolved, including concerns related to facilities, health care, benefits, and complaints.

## Military OneSource

1-800-342-9647, 24 hours a day, 7 days a week

[www.MilitaryOneSource.com](http://www.MilitaryOneSource.com)

This free 24-hour service is available to all active duty, Guard, and Reserve members (regardless of activation status) and their families. Master's-level consultants provide information and make referrals on a wide range of issues, including finances, emotional well-being, parenting, relationships, and concerns related to your wounded, ill, or injured service member. Free face-to-face counseling sessions (or their equivalent by phone or online) are also available..

## National Resource Directory (NRD)

[www.nationalresourcedirectory.org](http://www.nationalresourcedirectory.org)

An online tool for wounded, ill, and injured service members, veterans, their families, and those who support them. It links to federal, state, and government agencies; veterans service and benefit organizations; nonprofit and community-based organizations; academic institutions; and professional associations.

## Department of Veterans Affairs (VA)

Many wounded, ill, or injured service members will receive treatment at a VA facility, even though they plan to return to active duty. VA specialties include Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), spinal cord injury, and rehabilitation involving amputation or prosthetic limbs.

The VA also provides extensive non-medical programs and resources for veterans, including benefits, vocational rehabilitation, employment services, and disability support. If your service member will transition to the VA, care managers and others will connect you

# Wounded Warrior Continued

with a VA expert to help guide you through the process. For basic information about VA programs, go to:

## **Department of Veterans Affairs (VA)**

1-800-827-1000

[www.va.gov](http://www.va.gov)

Also see [www.oefoif.va.gov](http://www.oefoif.va.gov) for information specifically for OIF and OEF veterans transitioning to the VA for medical and other benefits.

## **Other government and nongovernment programs**

### **U.S. Department of Defense Community Relations**

[www.ourmilitary.mil](http://www.ourmilitary.mil)

Click on "Support for Our Troops" for links to organizations that assist wounded, ill, and injured service members and their families.

### **American Legion**

1-800-504-4098

familysupport@legion.org (E-mail)

[www.legion.org](http://www.legion.org)

Provides a wide range of support to families of service members, including financial assistance through its Temporary Financial Assistance (TFA) program. E-mail for more information or complete the Web site's electronic request form.

### **American Veterans**

1-877-726-8387

amvets@amvets.org (E-mail)

[www.amvets.org](http://www.amvets.org)

### **Armed Forces Foundation**

16 North Carolina Avenue SE

Washington, DC 20003

1-910-585-8003 or 1-702-856-6114 (family assistance)

[www.armedforcesfoundation.org](http://www.armedforcesfoundation.org)

Provides assistance to injured service members and their families, including financial assistance in the form of bill payment for families in need, and rooms for families of injured service members visiting a loved one recuperating at Bethesda National Naval Medical Center or Walter Reed Army Medical Center.

### **Coalition to Salute America's Heroes**

100 Broadway

Ossining, NY 10562

1-914-432-5400

[www.saluteheroes.org](http://www.saluteheroes.org)

Helps ease the financial burdens of severely injured service members and their families. The organization determines need based on a telephone intake interview and the service member's injury rating.

### **Disabled American Veterans (DAV)**

1-877-426-2838

[www.dav.org](http://www.dav.org)

Advocacy and programs for disabled veterans.

### **Fallen Patriot Fund**

[www.fallenpatriotfund.org](http://www.fallenpatriotfund.org)

Provides supplemental financial support to spouses and children of U.S. military personnel killed or seriously injured during Operation Iraqi Freedom. Apply online.

### **The Fisher House™ Program**

1-888-294-8560

Info@FisherHouse.org (E-mail)

[www.fisherhouse.org](http://www.fisherhouse.org)

Donates "comfort homes" on grounds of major military and VA medical centers for families to stay in (at little cost) during a service member's hospitalization. Also sponsors Operation Hero Miles ([www.heromiles.org](http://www.heromiles.org)) which provides free round-trip tickets on certain airlines for eligible hospitalized service members and their families.

### **Homes for Our Troops**

37 Main Street

Taunton, MA 02780

1-866-TROOPS

[www.homesforourtroops.org](http://www.homesforourtroops.org)

A nonprofit organization that helps service members who have sacrificed for their country and returned home with serious disabilities and injuries. Raises donations of money, building materials, and professional labor and coordinates the process of building or adapting a home for accessibility.

### **Injured Marine Semper Fi Fund**

1-760-725-3680

[www.semperfifund.org](http://www.semperfifund.org)

Provides supplemental financial assistance to injured Marines and sailors and their families. If you would like someone from the fund to contact you, fill out the form at "contact us" on the site.

### **Military HOMEFRONT**

[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)

A Department of Defense quality-of-life Web site for service members, their families, leaders, and service providers.

### **USA.gov**

[www.usa.gov](http://www.usa.gov)

The U.S. government's official Web portal for government information and forms.

### **Unmet Needs Program**

1-866-789-NEED (6333)

[www.unmetneeds.com](http://www.unmetneeds.com)

This joint program of the Veterans of Foreign Wars and Vermont American Power Tool Accessories provides financial support, skills, and labor to families of service members.

### **Yellow Ribbon Fund**

7200 Wisconsin Avenue, Suite 310

Bethesda, MD 20814

1-240-223-1180

email@yellowribbonfund.org (E-mail)

[www.yellowribbonfund.com](http://www.yellowribbonfund.com)

Provides services for injured service members at Walter Reed Army Medical Center and at Bethesda National Naval Medical Center and to their families, including hotel rooms, rental cars, and job training where appropriate.



# MWHS-1 Awards & Promotions



## Navy & Marine Corps Achievement Medal

Sgt Myers, Donnell S.

Sgt W olff, Nicholas J



LCpl Baker, David M.

LCpl Clark, Jubarie D.

LCpl Gomez, Vanessa

LCpl Horton, Janelle M.

LCpl Jackson, Dante R.

LCpl Malkemus, Katelyn E.

LCpl Vencil, Frantz P.

LCpl Summers, Jake R.



## Good Conduct Medal

LCpl Hawley, Joshua B.

LCpl McCann, Christopher M.

LCpl W illiams, Marcedrick K.

Cpl Castro, Marlon

Cpl Fernandez, Rolfis

Sgt Deleonllano, Milvio E.

Sgt Lee, Ladilvia S.

Sgt W eaver, Mark A.

SSgt Hutcherson, Matthew A.

SSgt Reyes Jr., Jose M.

SSgt Thomas Jr., Larry D.

GySgt Evans, Gregory D.

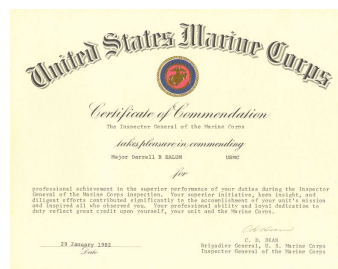
GySgt Garza, Arnulfo

GySgt Selness, Trenton J

GySgt Stoddard, Mark N.

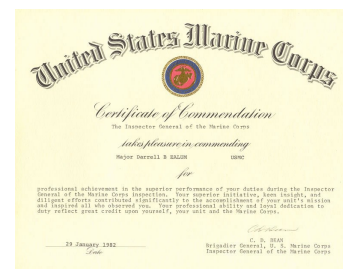
GySgt W ine, Christopher M.

MGySgt Day, Michael E.



## CG Certificate of Commendation

Cpl Mitchell, Kristian C.



## Certificate of Commendation

Sgt Knuth, Jason A.



## Marine of the Quarter

LCpl Pham, Duc M.

## NCO of the Quarter

Cpl Bauer, Lucas

## Safety Marine of the Quarter

LCpl Richardson, Stephen J.

## Warrior of the Month

LCpl Diallo, Ibrahim

# Single Marine Program

1. RECREATION ACTIVITIES: The SMP council's plan, promotes, or coordinates recreation or leisure activities.

- SMP sponsored Local trips/tours
- SMP Okuma Camping trips
- Annual SMP Christmas Dinner
- SMP UDP CHALLENGE
- Bowling/pool parties
- Barbecues/pizza nights

2. HEALTH AND WELLNESS: Wellness is a top priority for Marines and Sailors. The SMP council's plan and promote participation in various Health and Wellness programs and activities.

3. LIFE SKILLS /EDUCATION: SMP council's encourage Marines and Sailors to seek higher education or enroll in classes that will enhance one's problem solving skills. SMP promotes programs that are offered through MCCS Family/

Personnel Services and Distance Learning Centers.

- Fundraising: emphasizes "teamwork"
  - Programs include financial planning, enrolling in college classes, and classes offered on MarineNet.com
  - Commissary Awareness Day "Value shopping"
4. COMMUNITY INVOLVEMENT: SMP council's plan, coordinate, and participate in community service projects and cultural events that promote goodwill and friendship.

- Monthly Camp Community Service Projects

- Dragon Boat: Male team and female team (35 single/unaccompanied Marines/Sailors per team)

- Naha Tug of War: Naha invites the SMP to participate

5. CAREER ENHANCEMENT: SMP council's plan, coordinate, and participates in activities that promote career enhancement.

- Iwo Jima Trip
- Paintball Tournaments
- Okinawa Battle Sights tour

QUALITY OF LIFE: Providing a forum to voice quality of life concerns. Each camp/station conducts a monthly meeting of unit representatives to discuss ways of improving the QoL on their respective camps or stations.



*"Success is not measured by what you accomplish, but by the opposition you have encountered, and the courage with which you have maintained the struggle against overwhelming odds."*



## Points of Contact and SMP Meetings for:

### MWLK & MCAS Futenma

Meeting: 1st Tuesday of the month at 1300, USO/SMP Center

President can be reached at 636-5291

Vice President can be reached at 636-3615

### Camp Foster & Camp Lester

Meeting: 1st Tuesday of the month at 1430, Building 5674

President can be reached 645-9162

Vice President can be reached at 645-7482

### MWHS-I Reps:

LCpl Edmond, S. - S-I 645-7445

LCpl Stringer, F. - Supply 645-6900

LCpl Barnes, E. - COMP 645-0776



**Look for SMP coming events on the At a Glance Calendar!**





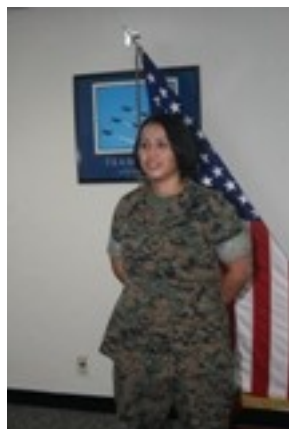
# At a Glance Calendar

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Date	Event	Time	Info/Contact#
09 SEP 10	Sumi-e: Japanese Art of Brush Painting	1130-1300	For more information or to register call: 645-2104
10 SEP 10	Premarital Seminar	0830-1500	For more information or to register call: 645-3689
10 SEP 10	<b>JOB FAIR</b>	<b>0900-1600</b>	<b>For more information call: 645-8229/3052</b>
10 SEP 10	Okinawa Cuisine Buffet & Ryukyuan Dance & Drum Show	1700-2200	For more information or to register call: 646-3502
11 SEP 10	Sweet & Salty Tour	0900-1400	For more information or to register call: 646-3502
11 SEP 10	Battle Sites Tour	0900-1700	For more information or to register call: 646-35021
11 SEP 10	Single Marine Program (SMP): Churaumi Aquarium	**	For more information or to register call: 645-7343
12 SEP 10	Sub Ship, Lunch & Beach at Manza Resort	0900-1700	For more information or to register call: 646-3502
12 SEP 10	Northern Highlights	0900-1700	For more information or to register call: 646-3502
12 SEP 10	SMP: Shuri Castle & Kokusai Street	**	For more information or to register call: 645-7343
13 SEP 10	Smooth Move Workshop	0800-1200	For more information or to register call: 645-8395
13 SEP 10	Survival Japanese Language Class	1130-1230	For more information or to register call: 645-2104
14 SEP 10	Sponsorship Training	0900-1030	For more information or to register call: 645-8395
14 SEP 10	Preschool Story Time	1100-1130	For more information call: 645-6453
15 SEP 10	Japanese Spouses Orientation (JSO): Immigration	1300-1600	For more information or to register call: 645-3817
16 SEP 10	Japanese Tea Ceremony	1000-1600	For more information or to register call: 646-3502
16 SEP 10	Estate Planning for EFMP Families	1130-1300	For more information or to register call: 645-9237
16 SEP 10	Thrift Savings Plan (TSP) Workshop	1130-1300	For more information or to register call: 645-2104
16 SEP 10	Spouses Learning Series (SLS): Space-A Workshop	1800-2000	For more information or to register call: 645-3689
16-17 SEP 10	L.I.N.K.S. for Japanese Spouses	0900-1200	For more information or to register call: 645-3689/3817
17 SEP 10	Urashima Dinner Theater	1730-2130	For more information or to register call: 646-3502
18 SEP 10	Amazing Readiness Race for Teens	1000-1600	For more information or to register call: 645-3689
18 SEP 10	Shuri Castle Autumn Festival	1700-2100	For more information or to register call: 646-3502
18 SEP 10	Uruma Bull Fighting & Eisa	1800-2200	For more information or to register call: 646-3502
18 SEP 10	SMP: Expo Park/Pineapple Park	**	For more information or to register call: 645-7343
18-19 SEP 10	Traditional Okinawa Dance Performance	1830-2100	For more information call: 645-3127
20 SEP 10	Smooth Move Workshop	0800-1200	For more information or to register call: 645-8395
21 SEP 10	Preschool Story Time	1100-1130	For more information call: 645-6453
21 SEP 10	Federal Government Application Workshop	1300-1600	For more information or to register call: 645-2104
21 SEP 10	Ultimate Job Search	1300-1600	For more information or to register call: 645-2104
22 SEP 10	Money Management Workshop	0830-1130	For more information or to register call: 645-2104
22 SEP 10	KSA Writing Workshop	1300-1600	For more information or to register call: 645-2104
22 SEP 10	Resume Writing Workshop	1300-1600	For more information or to register call: 645-2104
22 SEP 10	Itoman Tug-of-War	1400-1800	For more information call: 645-3127
22 SEP 10	IA Deployed Spouses and Family Dinner	1730-1900	For more information or to register call: 645-7660
23 SEP 10	Interviewing Skills Works hop	1300-1600	For more information or to register call: 645-2104
24 SEP 10	SMP: Battle Sites Tour	**	For more information or to register call: 645-7343
25-26 SEP 10	SMP: Foster Festival	**	For more information or to register call: 645-7343
26 SEP 10	Shishi Dance Festival	1800	For more information call: 645-3127
27 SEP 10	Disability Transition Assistance Program (DTAP)	1300-1600	For more information or to register call: 645-2104
28 SEP 10	Preschool Story Time	1100-1130	For more information or to register call: 645-6453
01 OCT 10	Jane Wayne Day 2010	0730-1300	For more information or to register call: 645-7660

# MWHS-1 Pictures!

## MWHS-1 Awards and Promotions





## JANE WAYNE DAY 2010

**WHERE:** MCAS FUTENMA,  
MAG-36 HANGAR  
**WHEN:** OCTOBER 1ST FROM 0830-1300

COME JOIN US FOR A DAY OF FUN IN YOUR SPOUSES BOOTS!

- ALL SPOUSE'S OF MWHG-1, VMGR-152, HMM-262 (REIN), HMM-265 & MACS-4 ARE INVITED.
- IF YOU ARE INTERESTED IN PARTICIPATING, PLEASE RSVP TO THE FRO.

**WHEN:** OCTOBER 1ST, 2010; 0830-1330  
**WHERE:** MCAS FUTENMA, MAG-36 HANGAR  
**RSVP:** 24 SEPTEMBER 2010

BARBARA "RENEE" LILLEY  
645-7660 / 080-2716-9104  
BARBARA.LILLEY@USMC.MIL

## DBIDS REGISTRATION:



- Starting 2 Aug 2010, 18 SFS will begin registration for the Defense Biometric Identification System (DBIDS). All persons in possession of a DoD ID Card (to include military members, dependents, civilians, contractors, retirees, and MLCs) will be required to register their ID.
- All DoD ID Card holders can register at the Gate 1 Visitor Control Center from 0700-2200, Mon-Fri, or Keystone Theater and Schilling Community Center, see schedule below.
- 98EJ Card holders (MLCs/IHAs) must register at Gate 1 Visitor Control Center from 0700-2200.

### SCHEDULE

**August:**  
**Keystone Theatre:** 2nd-13th from 0700-1230 (11th @ Schilling Center 12:30-1600)  
**Schilling Center:** 16th, 18th, 20th, 23rd and 25th from 0700-2100  
**Keystone Theatre:** 26th, 27th, 30th, 31st from 0800-1600

**September 2010 – March 2011 Keystone Theatre Monday thru Friday 0800-1600**  
*Note: Due to mission requirements these times and locations are subject to change*

All PACAF Family Day's and holidays will be observed

### Required Documents:

- **Military Members:** CAC card and restricted area badge
- **Dependents:** DoD issued ID card (Includes children 10 and over)
- **Civilian/Contractors:** DoD issued ID card used for installation access and restricted area badge
- **MLC's /IHA:** Current USFJ Form 98EJ for reissue and restricted area badge (Gate 1 Visitor Control Center Only)

• If you have any questions please feel free to contact Pass and Registration at 634-3437.

## THE AMAZING Readiness RACE for Teens

**September 18**  
**10 a.m.-4 p.m.**  
**Camp Foster**

Register by September 10

Teens, compete on a course spanning Camp Foster completing challenges at each checkpoint to proceed. A **GRAND PRIZE** will be awarded to the first-place team.

Parents are welcome to volunteer during the event. For more information or to register call the Readiness and Deployment Support Program at 645-3689.

Sponsored in part by:



No federal endorsement of commercial sponsors implied.

www.mccsokinaawa.com/mcftb

## J.L.I.N.K.S for Japanese Spouses




**September 16 & 17**  
**9 a.m.-12:30 p.m.**  
Camp Foster, ビル5677にて

リンクスとは海兵隊の歴史や文化、様々な公式行事、軍における福利厚生施設等の紹介をするオリエンテーションです。オリエンテーションは経験豊富な先輩配偶者の方が日本語で進めていきます。経験者ならではのアドバイスや知識などを豊富に知りえることができます。又、オリエンテーションは新しい友人を作る絶好の機会にもなります。この機会に是非ご参加下さい。クラスへのお問い合わせ、申し込みはMarine Corps Family Team Building 645-3689/3204 (日本語可)まで。

For more information or for child care arrangements, call Marine Corps Family Team Building at 645-3204.








## JOIN THE TEAM! COMMUNITY JOB FAIR 2010

**FRIDAY, SEPTEMBER 10  
9 A.M.-4 P.M.  
CAMP FOSTER COMMUNITY CENTER**

Marine Corps Community Services invites you to take advantage of a great opportunity to land a job with a world-class organization at the Community Job Fair. Learn about the benefits of becoming an MCCS employee, then meet with representatives from MCCS departments, AAFES, Kadena HRO, 18th Force Support Services, Lester Naval Hospital, Community Bank, Navy MWR, and many more. Discover the wide variety of job opportunities available.

Participants should bring their resumes. Refreshments will be available. The job fair is open to anyone who is eligible for SOFA employment.

For more information, call 645-8229/3052.  
[www.mccsokina.com](http://www.mccsokina.com)



## The F\*O\*C\*U\*S Program

Resiliency training for military couples

### Military Couples

Participate in 5 - 8 training sessions to learn specific skills to:

- Improve communication
- Problem solve around difficulties with reunion and reintegration
- Identify strategies for dealing with deployment reminders
- Enhance mutual support



TRAINING SERVICES ARE FREE OF CHARGE TO ALL MILITARY

COUPLES WITH OR WITHOUT CHILDREN. CONFIDENTIAL SESSIONS

ARE AVAILABLE DURING FAMILY-FRIENDLY HOURS.

For More Information Please Contact Us At:

FOCUS Okinawa

Bldg 5691, Rm 116, Camp Foster  
Bldg 4408, Camp Courtney  
Bldg 99, Kadena Air Base

P 645-6077

E [Okinawa@focusproject.org](mailto:Okinawa@focusproject.org)



[www.focusproject.org](http://www.focusproject.org)



Okinawa

Revised: November 10, 2009



2010年8月23日

旅行会社各位

ユナイテッド航空  
旅客営業部

### Secure Flight Program (セキュア・フライト・プログラム)義務化のお知らせ

平素はユナイテッド航空の販売にご協力を賜わり、誠にありがとうございます。

昨年から始めましたSecure Flight Program (セキュア・フライト・プログラム)ですが、この度、2010年11月1日以降にご出発のご予約全てに対して、100%登録が義務付けられることになりました。

これに伴いまして、2010年8月15日以降、PNRにSecure Flight Programの情報が入っていない予約につきましては、UAプラットフォームでの発券が出来なくなり、発券操作時にエラーメッセージが表示されます。

すでに予約・発券されている2010年11月1日以降の出発の旅程で、Secure Flight Programの情報が入っていないご予約にしましては、出発の72時間前までに情報の入力をお願いいたします。情報未入力の場合はチェックインができません。弊社の便にご搭乗いただけない場合がございます。また、出発の72時間前までにSecure Flight Programの情報の入力の無い予約は、キャンセルされることがありますのでご注意ください。

#### 1. 対象となる旅客

ユナイテッド航空便(コードシェア便を含む全便)をご利用で、かつ座席を有するお客様すべてが対象です。座席を有しない乳幼児(INFANT)は対象外です。

#### 2. 必要となる情報

- 旅客の姓名(パスポートに登録されている名前と同一であること)
- 生年月日(西暦)
- 性別
- 認証番号(Redress number, 所持している場合のみ)

#### 3. 登録の方法

予約時にPNRにご登録ください。登録方法は各CRS会社にご確認ください。  
(遅くとも出発72時間前までに登録ください。また、72時間以内に入ってから予約の場合も、予約時にご登録ください。)

皆様のご理解をお願い申し上げますとともに、今後ともユナイテッド航空への一層の販売促進への協力を賜りますよう、何卒お願い申し上げます。

## United NEWS

A publication of Worldwide Travel August 18, 2010



### Secure Flight Passenger Data Update

August 18, 2010

Dear Travel Partners,

Since the implementation of the Transportation Security Administration Secure Flight program last fall, United Airlines has collected and been transmitting Secure Flight Passenger Data to the TSA. The TSA is moving into the next phase of Secure Flight which requires 100 percent of passengers traveling on any United Airlines flight to provide Secure Flight Passenger Data (SFPD) for all reservations booked for travel November 1, 2010 and beyond. The TSA will make no exceptions; compliance is mandatory.

To ensure United Airlines complies with this security mandate, effective September 15, 2010, United will programmatically inhibit issuance of a 016-validated ticket regardless of the ticketing system if the passenger's Secure Flight data is not present in the United Airlines copy of the PNR. Attempts to Ticket without SFPD will generate an error message advising that the information must be collected.

Secure Flight Passenger Data is collected and transmitted using an industry standard SSR DOCS format. The mandatory information includes passenger name, date of birth, gender and redress number if available.

Contact your GDS Help Desk for questions concerning SSR DOCS formats.

Reservations that are already booked and ticketed for travel November 1 and beyond must have SFPD information added to the booking no later than 72 hours before departure. Failure to do so will inhibit passenger's ability to check in and may result in a disruption to your customer's travel by not being boarded the United Airlines flight(s).

UA reserves the right to cancel any reservation which does not contain the Secure Flight data 72 hours before departure.

For additional information on the TSA Secure flight program please visit [www.tsa.gov/secureflight](http://www.tsa.gov/secureflight). For information on United Airlines' Secure Flight data collection policy, please refer to United's Booking and Ticketing policy at [www.unitedinc.com](http://www.unitedinc.com)

We appreciate your help in ensuring a safe and efficient travel experience for our mutual customers.



A UNITED AIR LINES COMPANY